



**Paul Popham Fund**  
Renal Support Wales  
"Believe in yourself"

# Competitors Details & Race Declaration

I would like to Run for the Paul Popham Fund, Renal Support Wales in the Swansea Half Marathon 2021 or the Cardiff Half Marathon 2021. Please see my personal details below and the race I am taking part in.

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email address: \_\_\_\_\_

Predicted Time: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

I am taking part in (Race Name): \_\_\_\_\_

I would like a Paul Popham Fund Race  T-shirt  Vest Size:  XS  S  M  L  XL

I would like the following name printed on the front of the top so people can cheer for me: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_

I have signed agree to participate in the Swansea Half Marathon 2021 or the Cardiff Half Marathon 2021 for the Paul Popham Fund, Renal Support Wales. I agree to raise a minimum of £150.00. I agree to participate entirely at my own risk and under UK Athletics rules. I declare that I understand the risks involved and that I am medically fit to complete in a cheerful and sportsmanlike manner.

I also agree not to hold the organisers, its supporters, its employees, or those of the race venues or the local council and its associates liable for any mishap, injury or loss caused during the duration of the event. I agree to follow instructions given by the organisers and/or officials.

Signature: \_\_\_\_\_ **Please send completed registration form prior to race day.**

## Get in touch

**Paul Popham Fund**, Renal Support Wales  
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Llansamlet, Swansea SA7 9LA

Call us: **0333 2001 285**  
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